


# Usage Guidelines

## Tranquility® ThinLiner Moisture Management® Absorbent Sheets



<p><b>Purpose</b></p>	<p>Tranquility Thin Liners are manufactured using superabsorbent polymers. Thin Liners are composed of ultra- thin material that wicks moisture away from the skin thus providing a dry environment in areas where moisture may cause significant skin breakdown.</p>												
<p><b>What to expect</b></p>	<p>Over time expect to observe:</p> <ul style="list-style-type: none"> <li>• Improved skin integrity</li> <li>• Decreased Odor</li> <li>• Improved comfort</li> </ul>												
<p><b>Sizes and Capacity</b></p>	<table border="1"> <thead> <tr> <th>Item #</th> <th>Description</th> <th>Fluid Capacity</th> </tr> </thead> <tbody> <tr> <td>3090</td> <td>6" x 10"</td> <td>150 mL</td> </tr> <tr> <td>3091</td> <td>6" x 14"</td> <td>228 mL</td> </tr> <tr> <td>3092</td> <td>20" x 22"</td> <td>450 mL</td> </tr> </tbody> </table>	Item #	Description	Fluid Capacity	3090	6" x 10"	150 mL	3091	6" x 14"	228 mL	3092	20" x 22"	450 mL
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<p><b>Clinical applications</b></p> 	<ul style="list-style-type: none"> <li>• Between skin folds, especially under the pannus (abdominal apron).</li> <li>• Between fingers and toes (for contractures of the digits). Fold the small size lengthwise into 4 equal parts and weave between digits. (see illustration)</li> <li>• In the palm of a hand contracture. Cover a rolled up washcloth with the small sized Thin Liner. (see illustration)</li> <li>• Gluteal folds (Fold the 6x10 size in half the long way and place in the fold to absorb liquid stool and keep surrounding skin dry).</li> <li>• Lymphedema (over dressings for extra absorption)</li> <li>• Under breasts</li> <li>• Lining over splints</li> </ul> <p>★ Anywhere there is a moisture problem or the area is prone to moisture related infection.</p>												
<p><b>When to change/replace</b></p>	<p>There is no set time between changes. This depends on variables such as amount of moisture output.</p>												
<p><b>Important facts</b></p>	<ul style="list-style-type: none"> <li>• Both sides are absorbent. They may be folded if necessary.</li> <li>• DO NOT cut the Thin Liners as this will result in the leakage of the superabsorbent polymers causing the product to fail.</li> </ul>												



For additional information or questions - Our Customer Care Experts are available at: (800) 563-0161 or email: [info@northshorecare.com](mailto:info@northshorecare.com)