

# Signs Your Product May Not Fit Correctly



Small fit issues can lead to leaks, discomfort, or shifting. Use these quick checks to decide whether to adjust size, style, or absorbency.

1

## Leaks at the legs

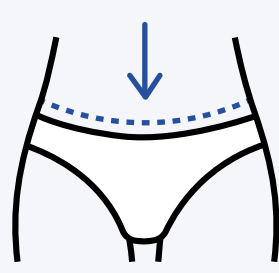
Leaks happen at the leg openings before the core is fully saturated.



2

## Waist sags or rolls

The waistband rolls down, gapes, or doesn't stay in place.



3

## Product shifts during movement

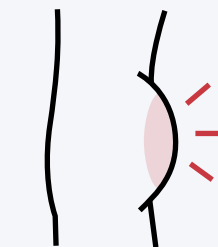
The product moves out of place when you walk, bend, or sit.



4

## Pinching, red marks, or restricted movement

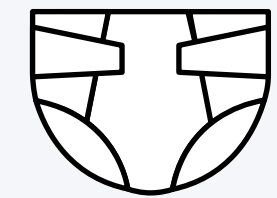
It feels too tight, causes pressure, or limits comfort.



5

## Tabs loosen or side seams split

Fasteners undo easily or sides tear or feel strained.



★ **Not sure?** If you're experiencing any of these signs, try a different size or style. **NorthShore Care Experts can help.**

## PULL-UP UNDERWEAR FIT ISSUES

### 1 Waist sags or rolls

The waistband rolls down or gapes.

### 2 Product shifts during movement

It moves out of place when you walk, bend, or sit.

### 3 Leg opening gap

Gaps appear at the legs instead of sitting close to the body.



### 4 Side seams split

The sides tear or separate.

### 5 Core feels compressed or uncomfortable

The core feels squashed or doesn't contour to your body.



**Good fit:** Sits close to the body, stays in place, and feels secure without pinching. No gaps at the legs or waist.

## TAB-STYLE BRIEF FIT ISSUES

### 1 Tabs come undone

Fasteners don't stay secure throughout the day or night.

### 2 Tapes overlap or sit too far apart

Tapes overlap in the middle or don't land in the front zone.

### 3 Leg cuffs do not sit snugly

The leg cuffs gap instead of sitting close to the body.

### 4 Brief sags or shifts

The brief droops or moves out of place.

### 5 Sides split or feel strained

The sides tear or feel like they are pulling or stretching.



**Good fit:** Tabs secure in the front zone, leg cuffs snug, and brief stays in place without sagging or gaps.

★ **Everyone's body is different.** The right fit helps prevent leaks, protect skin, and keep you comfortable and confident.

**Need help? Our Care Experts are here for you.**  
**NorthShore.com | 800-563-0161**